



## Journey to the Center of the Mirth: How to Find, Develop, and Use Humor (Paperback)

By Leonard Ryzman

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.JOURNEY TO THE CENTER OF THE MIRTH - How to find, develop, and use humor. This mini humor handbook is a brief, practical guide to getting more humor into your life. Use humor as a strategy for living. It will ensure that you can enjoy its benefits. Notice more humor in the same situations of your life. And learn to create your own humor. There is also a section for presenters - speakers, trainers, lecturers, teachers and anyone who not only wants to find or create humor, but develop and use it in formal presentations. This book looks at how to maximize its effectiveness, and is especially suitable for those who enjoy getting some practical advice from a very quick read. Also included is a little background and research information on the subject, to gain some understanding of what is going on when we experience humor. Whether you just want to expand your own humor experience, or learn more about communicating with humor, enjoy the ride - a journey to the center of the mirth. Nothing can keep...



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