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EXPECTING CHANGE: YOUR GUIDE TO THE EMOTIONAL JOURNEY OF PREGNANCY (NEW EDITION)



Meadowbrook Press,U.S. Paperback. Book Condition: new. BRAND NEW, Expecting Change: Your Guide to the Emotional Journey of Pregnancy (New edition), Ellen Sue Stern, The transition from woman to mother may be the most dramatic change you will experience in your lifetime. Nausea and labour pains are temporary; the emotional imprint of pregnancy is long-lasting. To help expectant mothers understand that there is more to pregnancy than having a baby, this practical book explores some much-needed awareness of the psychological side...

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- Authored by Ellen Sue Stern
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